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"Everything that can be invented has been invented"

Charles H. Duell, commissioner of the US Office of Patents 1899



This chapter gives an introduction into the complex world of Telco technologies. First we discuss transmission basics related to voice and scalability issues.

In order to understand these technologies it is important to know about Shannon's laws, jitter problems, signal to noise problems, and digital hierarchy concepts.

After this basics sections this chapter presents two important Telco backbone technologies, PDH and SONET/SDH.



Telco technologies have a long history. Its origins date back until the late 19th century. Originally voice transmission was the only goal. Even today the characteristics of voice transmission forms the basic design of Telco technologies such as PDH and SONET/SDH.



The most important goals for Telco technologies are interoperability and availability.

Telco backbones are laid throughout nations and must therefore function over several decades, must integrate with older technologies and different vendors. Actually, people expect to communicate from any phone on earth to any other phone on earth.

Due to the big size of these networks even a small error probability can cause a denial of service for thousands or even millions of users. Because of this the Telco backbones must be designed to support great availability, for example using redundant protection lines which are activated in case of failures.

Additionally it cannot be economically justified to dimension a backbone connection which could support all possible users at the same time, for instance between two cities. Therefore the user behaviors must be estimated and complex statistical calculations are made in order to dimension the link.



The Shannon's sampling theorem requires that each bandwidth-limited signal must be sampled by a rate which is twice higher than the cut-off bandwidth of the signal in order to support an error-free (anti-aliased) reconstruction of the signal.

Since speech signals have most of their power below 4 kHz it has been agreed that speech is to be sampled 8000 times per second.

From this it follows that when each signal sample is encoded by one byte, a data rate of 64 kbit/s is necessary to transmit digital speech.



Next, it is important to understand the properties of isochronous traffic. "Iso" means "Equal" and "chronous" means "time". That is, each portion of data of an isochronous traffic must be delivered exactly with same delay.

Delay variations—also called "jitter"—are very critical for isochronous traffic. For example telephony requires isochronous transmission because of the bidirectional communication, echo suppression is necessary. But how to suppress echoes when they arrive at different times?



Realtime traffic does not necessarily require "fast" transmission. It only demands for "fast enough" transmission. That is, a bounded delay is defined within all required data must be received.



There are several solutions to support telephony, which has both isochronous and realtime properties.

First, a total synchronous network can be created, utilizing a common clock for all network components.

Second, a plesiochronous network can be created, which is "nearly" synchronous but at least synchronized between end users.

Third, an asynchronous network can be used, such as the Internet or similar. Here it is very tricky to achieve end-to-end synchronization and bounded delays. Modern Quality of Service (QoS) techniques allow to overcome the asynchronous problems at least partly.



The Signal-to-Noise Ratio (SNR) is an indicator of signal quality. Furthermore, a better SNR allows lower signal strengths and higher data rates.

Digital voice is generally "compounded", that is the higher amplitude levels are quantized at a lower resolution and the smaller amplitudes at a higher quantization resolution. The characteristic of this compression and expansion technique is expressed by a nonlinear function which has first been defined by Graham Bell. In the USA the so-called μ -law is used while in Europe the CCITT defined the A-law function to improve the SNR.

Note that digital voice signals have to be converted when the μ -law world talks to the A-law world or vice versa. The rule is, that the conversion must be a task of the μ -law world.



In the middle of the 20th century, the telephony network infrastructure was still analog and very complex. Each connection was realized by a dedicated bundle of wires and all terminated in the central office. Signaling was slow and primitive and switching a time consuming process. Furthermore speech quality degraded on long haul connections.

In the 1960s digital backbones were created and also digital signaling protocols such has SS#7. Central office equipment became smaller and more efficient and the number of wires were reduced drastically. This technology was called Plesiochronous Digital Hierarchy (PDH) and is based on synchronous TDM, however it was not fully synchronous because of technical restrictions of that days.

PDH is still important and used today.



What exactly does "plesiochronous" mean? First it was clear that a digital backbone must be able to concentrate at least hundreds (or even thousands) of telephone calls. Assuming a data rate of 64 kbit/s per call, the backbone rate would be more or less 30 Mbit/s or something.

In the 1960s it was nearly impossible to design hardware which is able to buffer frames at that rate. But how to compensate slightly different data rates? On the other hand, buffering introduced delays—but isochronous realtime traffic should be transported.

So ideally each bit is immediately forwarded by the network nodes without buffering. Bit rate differences were compensated by a so-called "pulse stuffing" technique, which is also sometimes called "bit stuffing". Using this method any node of the network can compensate phase drifts due to differences of the sending rate by inserting or removing single data bits of the stream.

Of course the lowest rates must be synchronized in order to obtain a correct signal.



Now we know the meaning of the term "plesiochronous". But what is meant by the term "hierarchy" in this context? Obviously Telcos were supposed to supply millions of users with a dial tone. Which topology would be most efficient? Only star topology can efficiently cover whole villages, cities, and even countries. A star consists of many point-to-point connections: each spoke is connected to a hub. The hub is called the "Central Office" (CO) and the spokes are either telephones or multiplexers.

Traffic always concentrates to the hubs but is also distributed from the hubs. The hubs are interconnected by PDH trunks. Many trunks constitute spokes and are again concentrated in another—higher level—hub. This principle is applied recursively, forming a so-called Digital Hierarchy. If you go deeper into this hierarchy you will see higher data rates.

The backbone itself consists of point-to-point or ring topologies. Rings have the advantage of providing one redundant connection between each two nodes.

Of course the number of links are much lower in the heart of the hierarchy (therefore the data rate is much higher). Hubs are responsible to collect all user signals that are destined to the same direction and put them onto the same trunk. This process is called "grooming".



The picture above shows the digital multiplexing hierarchy used in European PDH networks. The lowest data rate uses so-called "E1" frames, consisting of 30 user signals. At each multiplexing level four lower rate channels can be combined to one higher rate channel. This way an "E2", "E3", and "E4" is formed.

Also higher multiplexing levels had been defined, for example "E5" but they are not used very often.



The Telco world differentiates between the digital signal level and the carrier system. The signal level can be regarded as the OSI link layer and the carrier system is similar to the OSI physical layer. Note that this picture is not really correct because the OSI system cannot really applied to this world.

In North America the ANSI is responsible for Telco standardization efforts and defined the so-called Digital Signal DS to identify the framing layer. For example DS-0 is the 64 kbit/s user signal and DS-1 denotes the first multiplexing level.

Equivalently the carrier system for DS-1 is called T1, and DS-2 is carried upon T2, and so on.

The same thing happened in Europe. The Conference of European Post and Telecommunications (CEPT, now ETSI) defined signal levels CEPT-1, CEPT-2, and so on, to be carried upon E1, E2, etcetera.

Worldwide Digital Signal Levels								
North America					Europe			
Signal	Carrier	Channels	Mbit/s		Signal	Carrier	Channels	Mbit/s
DS0		1	0.064		DS0	"E0"	1	0.064
DS1	T1	24	1.544		CEPT-1	E1	32	2.048
DS1C	T1C	48	3.152		CEPT-2	E2	128	8.448
DS2	T2	96	6.312		CEPT-3	E3	512	34.368
DS3	Т3	672	44.736		CEPT-4	E4	2048	139.264
DS4	T4	4032	274.176		CEPT-5	E5	8192	565.148
 Incompatible MUX rates Different signalling schemes Different overhead 								
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The tables above summaries the North American and the European PDH systems. These signal levels are related according to the following formulas:

ANSI T1.107 Hierarchy:

ITU-T Hierarc	hy:
DS4	$= 6 \times DS3$ (rare)
DS4/NA	$= 3 \times DS3$ (international connections only)
DS3	$= 7 \times DS2$
DS2	$= 4 \times DS1$
DS1C	$= 2 \times DS1$

 $En+1 = 4 \times En$

Later a harmonization of the ANSI and ITU-T hierarchy has been made. The ANSI international DS4/NA (not listed above) is compatible to the 139264 kbit/s E4.

The basic message of the slide above is that there are several inconsistencies between the two systems, including MUX rates, signaling schemes, overhead differences, and compounding methods.



Remember that voice transmission was and is the yardstick for Telco backbone technologies. Since all higher digital signal levels are basically multiplex methods to transport many DS0 signals it is clear that each multiplex frame (e.g. an E1 frame or E2 frame etc) must be transmitted within the same time period than the DS0 signal. A DS0 signal has 64 kbit/s which is created by sending one byte of a voice sample 8000 times per second.

As it can be seen in the picture above, each user—each DS0—is assigned to one timeslot in the higher rate frames. Moreover, there is exactly one byte for each user. Thus, in order to assure a proper delivery of the DS0 signal within a higher rate frame, any higher rate frame must be sent within 125 μ s, which is 1/8000.

We call this a "periodic frame".



Since frequency shifts are compensated by bit stuffing it is not possible to implement byte interleaving multiplexers at higher rates. Therefore higher multiplex levels are **bit-interleaved!** This results in complex frame structures. For example a M12 multiplexer converts a four E1s into one E2, whereas a M14 multiplexer converts several E1 frames into one E4 frame.

Obviously, single DS1/E1 signals can only be accessed by demultiplexing the whole higher rate frame! Moreover, it is technically very difficult to implement add-drop multiplexers because DS1/E1 signals are needed by Digital Cross Connects (DXCs). The only way is to remove bit stuffing and do resynchronization.



Clocks are not synchronized centrally because this was impractical at the time of the creation of this scheme—however, drift is inside specified limits.

Note that actually asynchronous TDM (!) is used at higher levels!

"Pulse stuffing" is used to compensate clock differences. Using pulse stuffing frequency shifts can be compensated as the total number of bits/frame might be increased or decreased to adjust the bits per second rate.

A so-called Stratum 1 clock is used to synchronize E1 frames. This is a atomic clock with a guaranteed accuracy of 10⁻¹¹ (0.000001 ppm). Using independent Stratum 1 clocks would cause only one frame loss every 72.3 days. Stratum 1 clocks are typically only available in Central Offices because they are very expensive. Practically the timing signal is embedded inside dedicated E1 channels to supply branch offices (timing distribution).

Higher rate signals are asynchronous with respect to the transported E1 signals.



G.703 specifies electrical and physical characteristics such as 75 ohm coax cables (unbalanced) or 120 ohm twisted pair (balanced), and the HDB3 encoding.

G.704 specifies framing structures for different interface rates. For example E1 is used at an interface rate of 2.048Mbit/s and uses 32 timeslots (8 bit each) per frame. The frame repetition rate is always 8000 Hz, therefore $32 \times 8 \times 8000 = 2.048$ Mbit/s. Also reserved E1 timeslots are defined: Timeslot 0 is used for frame synchronization and allows distinction of frames and timeslots; timeslot 16 can be used for signaling.

G.732 specifies the PCM multiplex equipment operating at 2.048 Mbit/s. This frames use the structure defined in G.704. Furthermore A-law must be used when converting analog to digital. G.732 also describes loss and recovery of frame alignment, fault conditions and consequent actions, and acceptable jitter levels.



The timeslot 0 is used for frame checking and multiframe synchronization—end-to-end!

The C (CRC) bit is part of timeslot 0 and can form an optional 4-bit CRC sequence using 4 consecutive E1 frames. The A (Alarm Indication) bit can transmit a so called "Yellow" alarm (remote error) to signal loss of signal (LOS) or out of frame (OOF) condition to the remote station.

N (National) bits are vendor specific and reserved.



The timeslot 16 can be used for so-called **Channel Associated Signalling (CAS)**, a classical method to carry outband signaling information for all 30 user channels. This method is typically used to interconnect two PBXs of different vendors.

More efficient is to run a dedicated higher-level signaling protocol over timeslot 16, such as SS7 or QSIG. This method is generally known as **Common Channel Signaling (CCS).**



Frame synchronization, optional CRC checks, and CAS is only possible when viewing the big picture, that is, viewing a number of frames at once. A so-called "multiframe structure" consists of 16 consecutive frames and are regarded as two-dimensional arrays.

A multiframe consists of two "semimultiframes", whereas semimultiframe 2 contains 4 CRC bits that protect semimultiframe 1.

The Si bits are used to report CRC errors to the remote station



In North America the PDH technology also originated from digital voice transmission. Here the so-called T1 is the equivalent to the European E1. The "T" stands for "Trunk". But T1 and E1 are not compatible because the T1 consists of 24 timeslots only.

Also encoding and physics is different:

- AMI or B8ZS (Bipolar 8 Zero bit Suppression)
- 100 ohm, twisted pair

The timeslots are numbered 1-24 whereas one timeslot can carry 8 bits. Only one extra bit is for framing. The total frame length is 193 bits. Since the frame repetition rate must also be 8000 Hz the resulting data rate is: $(24 \times 8 + 1) \times 8000 = 1.544$ Mbit/s.



T1 framing is often used to connect PBX (Private Branch Exchanges) via leased line hence the signaling information between PBXs must be exchanged. But T1 defines no dedicated timeslot for CAS, instead "**robbed bit signaling**" is used.

Using CAS the signaling information is transmitted by robbing certain bits, which are normally used for data. The signaling is placed in the LSB of every time slot in the 6th and 12th frame of every D4 superframe (A, B).

Using an Extended Super Frame (ESF) structure, the signaling information is placed in the LSB of every time slot in the 6th, 12th 18th and 24th frame of every ESF superframe (A, B, C, D).

Robbed Bit Signalling does not affect PCM signals (analog sources) but damages data channels completely!

Therefore only 56 kbit/s data channels are possible with CAS. Alternatively, CCS can be used in the same way like E1. For example timeslot 24 can be used as transparent signaling channel. In the USA, ISDN is typically carried over CAS systems because there is still a lot of old equipment used across the country. So only 56 kbit/s per B channel usable. 64 kbit/s B channels would require CCS, which is also called "Clear Channel Capability (CCC)".



The diagram above shows one of the main disadvantages of PDH technologies: the overhead increases significantly with the data rate, i. e. multiplex level. Thus it is not reasonable to create much higher signal levels with this technology.

Note that the North American bit robbing method has also one advantage: the total overhead is much lower compared to the European PDH variant.



In the early 1980s there was a big demand for another backbone technology because of the severe drawbacks of the old PDH technology.

During the decades, many different PDH implementations were built by different vendors. Furthermore PDH does not scale to high data rates because of the overhead problem and because of the complex multiplexing method.

One thing was clear: A successor of PDH—which was supposed to scale up to infinite data rates—must be truly synchrone. Also flexible topology configurations should be possible.



In 1984 the Exchange Carriers Standards Association (ECSA) started on the development of "Synchronous Optical Networks", short: SONET. The goal was to define one common standard for all companies that were born after the divestiture of AT&T. Over 400 proposals were sent; but finally, after a long negotiation period, the SONET standards was born and became an ANSI standard.

First US nation-wide SONET ring backbone were finished in 1997.



In 1986 the CCITT (now ITU-T) became interested in SONET and defined the "Synchronous Digital Hierarchy" (SDH) as a superset of SONET. Now SDH is the world standard and SONET is considered as a subset of SDH.

SDH was first published in the CCITT "Blue Book" in 1989, specifying the interfaces and methods G.707, G.708, G.709, and many more.



The picture above shows the network structure of a SONET/SDH network. Although SONET and SDH are compatible, note the slightly different terms between both worlds.

The "**Terminal Multiplexer**" represents a so-called "**Path Termination**" and marks the edge of the SONET/SDH network (**Path**) by providing connectivity to the PDH network devices. A **Path** is an end-to-end connection between those Terminal Multiplexers. The "**Regenerator**" extends the possible distance and quality of a "**Line**". The **Line** spans between a **Path termination** and a network node, for example an **ADM** or **DCS**. The Regenerator splits a line into multiple **Sections**.

The **Add/drop multiplexer (ADM)** is the main element for configuring paths on top of line topologies (point-to-point or ring). Using an ADM it is possible to add or drop multiplexed channels.

The **Digital Cross Connect (DCS or DXC)** is named after the historical patch panels used in the early analog backbones. This device is basically a "static switch" and connects equal-level channels with each other.



SONET/SDH consists of four layers which are not related to OSI layers:

Physical Layer:

Optical-Electrical and Electrical-Optical conversions and recovering of the transmit clock for proper sampling of the incoming signal. No frame overhead is associated with the physical layer! Line coding depends on the type of interfaces used. For electrical interfaces the coding is compatible with PDH. For optical interfaces, very simple binary encoding (NRZ) is used.

Section:

Deals with the transport of an STS-N frame across the physical medium. Typical tasks: Framing and scrambling, section error monitoring, and introducing section level communications overhead. The Regenerator Equipment Section is terminated by (Regenerator-) Section Terminating Equipment STE (or RSTE in the SDH world).

Line:

Transport of path layer payloads across the physical medium. Supports the synchronization and multiplexing functions of the path layer overhead associated functions. Includes maintenance and protection. Overhead is interpreted and modified by Line Terminating Equipment (SONET) or Multiplex Section Terminating Equipment (SDH).

Path:

Transport of various payloads between SONET/SDH terminal multiplexing equipment. Maps payloads into the format required by the Line Layer and communicates end-to-end via the Path Overhead (POH).



SONET defines different terms for the electrical signal and the optical signal.

OC-nc originates at that speed (e.g. ATM). Typically only the term OC-n is used (instead of the STS-n terms).



SDH defines only one term for the electrical and the optical signal. Actually the suffix "O" has been defined to differentiate between optical and electrical signals, but this suffix is only seldom used.

STM-nc originates at that speed (e.g. ATM).

SONET Optical Levels	SONET Electrical Level	Line Rates Mhit/s	SDH Levels	
OC-1	STS-1	51.84	STM-0	
OC-3	STS-3	155.52	STM-1	
OC-9	STS-9	466.56	STM-3	
OC-12	STS-12	622.08	STM-4	
OC-18	STS-18	933.12	STM-6	Defined but later
OC-24	STS-24	1244.16	STM-8	removed, and only the multiples by fo
OC-36	STS-36	1866.24	STM-12	were left!
OC-48	STS-48	2488.32	STM-16	
OC-96	STS-96	4976.64	STM-32	-
OC-192	STS-192	9953.28	STM-64	
OC-768	STS-768	39813.12	STM-256	(Coming soon)

The chart above shows all current SONET/SDH signal levels.

SDH STM-0 frame is compatible with SONET STS-1 and has the same frame size. Originally this was only thought for comparisons but recently it becomes a real-life frame format for microwave links.

Higher level frames can be defined simply by multiplying STS-1 and STM-1 frame sizes by a certain factor. Only a few of them are available in the real world. Frames are strictly byte oriented and byte multiplexed.



Similar as in the PDH world, the overhead of those periodic frames must be viewed as two-dimensional superframe. Again each frame must be sent every 125 μ s (1s/8000).



The STS-1 (STM-0) frame consists of a Transport Overhead (Section Overhead) and a Payload Envelope Capacity (Virtual Container Capacity). Note that higher level signals have the same percentage of overhead—the number of columns are simply multiplied by the rate factor.

The Transport Overhead (TOH) consists of Section Overhead – SOH (Regen. Section Overhead – RSOH) and a Line Overhead (Multiplex Section Overhead – MSOH).



The payload is carried inside the Synchronous Payload Envelope or SPE. The SPE may float inside the Payload Envelope Capacity (Virtual Container Capacity) to compensate phase and frequency shifts.

The Path Overhead (POH) is the first column of the SPE. Various additional "envelopes" were defined to support every type of payload e. g. DS1, DS3, E1, E3, E4, ..., ATM, etc. For this reason the service signals are carried in so-called Virtual Tributaries (Virtual Containers) which have a defined size to smoothly fit into a SPE.



Bidirectional rings provide much more performance over unidirectional rings. Note that light signals are typically only sent unidirectional through one fiber because of technical simplicity.



The most important node for SONET/SDH is the ADM. An ADM allows flexible configurations because it is able to add or drop lower rate signals to or from a higher rate signal.

Note that SONET/SDH networks are still relatively static. These backbones are used to established paths between long distances and remain active for several months or years. Typically the establishment requires weeks and is manually controlled. There is no signaling protocol (although recently some vendor specific solutions appeared).



The picture above illustrates the capabilities of ADMs.



The picture above illustrates the capabilities of ADMs together with unidirectional and bidirectional routing.



SONET/SDH topologies are designed for providing a flexible and reliable transport for required paths. Capacity planning and bandwidth provisioning is still a reearch issue. Redundancy and automatic fail-over is provided within 20 ms. Delay and jitter control through control signals.

Typical topology concepts:

- Point-to-point links (with protection) and DCS/MUX allows arbitrary complex topology to be built.
- Interconnected protected rings with ADM/DCS allow for minimum resource usage (physical media) for avoiding single point of failures.



Note that SONET/SDH layers cannot be easily compared with OSI layers. Actually SONET/SDH links are often used as "physical layer" for several OSI compliant protocols or even the Internet protocol.

Unfortunately, optical switching is a very immature technology and therefore a number of adaptation layers are needed to transport IP over SONET/SDH. Typical configurations consists of IP over LANE (LAN Emulation) over ATM over SONET (over DWDM). Current research efforts focus on direct "IP over optical" techniques.

Summary



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- Telecommunication backbones must be very reliable and backward compatible
- PDH is still an important backbone technology
- Recently moving to optical backbones using SONET/SDH
- Traffic volume of voice services will decrease relative to general IP traffic

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